

# Newsletter- St Patrick's School Allora

Providing quality education since 1916



"Never see a need without doing something about it." - Mary MacKillop

**Vision—We are an inclusive community committed to high levels of learning for all.**

Our School Student Protection Contacts:

**Miss Donnelly and Mr Maher**



## Reminders for this week:

**Athletic:**  
**High Jump—Wednesday**  
**Carnival—Friday**

**Hats, Water Bottles and additional food.**

**St Patrick's School – A Nut Aware School.**  
We are aware that children may have a severe anaphylactic reaction to **peanuts**. Parents are requested to be diligent with items packed in lunch boxes.



## Dear Parents and Carers,

**Safety Online** - Parents often comment on their concerns for their children in relation to the use of social media. In these conversations, many of them are surprised at the age restrictions.

**Is their age limit restrictions on social media?**  
<https://www.esafety.gov.au/education-resources/iparent/staying-safe/social-networking/is-there-an-age-limit-for-kids-on-social-media>

Most social media services and apps require users to be 13 years old to join.

**Why 13?** This is usually to comply with the Children's Online Privacy Protection Act of 1998 (COPPA)—a law preventing the collection and storage of personal information from a child under 13.

Facebook, Facebook Messenger, Flickr, Foursquare, Google+, Instagram, Keek, Kik, LinkedIn, Pinterest, Snapchat, SpotaFriend, Steam, Tumblr, Twitter, Vimeo, Vine, WhatsApp and YouTube **all have a minimum age of 13yrs to have an account.**

**What about APPS?** App stores set their own age ratings based on the app's content.

**Home Technology Rules** (Taken from <https://www.psychologytoday.com>)

- 1) **Talk to your family about tech pros and cons** - While your children will likely be resistant to a conversation that suggests limiting their tech usage, you are best served bringing it up within the context of your tech usage as a family.
- 2) **Assess your son or daughter's tech usage** - Even if you already believe your son or daughter is too dependent on technology, consider the fact that they're probably using it even more than you know. Spend a week paying attention to how your son or daughter is using technology, including computers, smartphones, video games, and television.
- 3) **Limit tech time.**
- 4) **Keep tech out of the bedroom**—If you haven't already, prohibit the use of technology in their bedroom. This means no TV, no computer, and no smartphone. They won't be happy about this, but explain to them that this will give them an opportunity to use their bedroom as it's intended—to rest and recharge.
- 5) **Monitor their tech activity**- Play their video games. Watch their television programs. Visit the websites they frequent. Read their texts, emails, and posts to their social media pages. This need not be done in secret. Let your son or daughter know that the privilege of using the tech devices you provide them with is your right to monitor their activities.
- 6) **Hold off on a mobile phone** -The sooner you allow your son or daughter a constant tech companion, the sooner you introduce the possibility of technology dependence.
- 7) **Say no to new tech toys**—Resist at all cost! Your child does not need a new smartphone every time a new version comes out.
- 8) **Set up consequences for violations of tech rules**- Set up a clear set of consequences should these rules be violated. The most effective consequences are those in which you confiscate the device for a specified period of time.
- 9) **Revisit the rules now and then**—Finding just the right amount of tech usage requires a learning curve. You may find your initial rules don't do enough, or maybe they do too much.

Remember; "But my friend has"; is not a reason for parents to follow suit.

God Bless

Tyrone Maher



## Staying Safe Online

**"Don't worry that children never listen to you; worry that they are always watching you."**

Robert Fulghum

Read more at: [https://www.brainyquote.com/quotes/robert\\_fulghum\\_106965?src=t\\_parenting](https://www.brainyquote.com/quotes/robert_fulghum_106965?src=t_parenting)



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## School News

### Assembly Roster Term 2 Friday 8.50am

Week 10: No Assembly  
Athletics Carnival  
Week 11: Dalrymple -  
NAIDOC Week



Happy Birthday to:  
Harriet Barton

**Athletics Preparations**— Our annual athletics carnival is this week. Our 9-12 year old students completed their 200m and 800m events this afternoon and tomorrow afternoon, our 8-12 year old students will compete in their respective high jump events from 1pm. All parents and friends are encouraged to come along and cheer on our students. *See our school 'Newsletters' page on our school website for further details about Friday's events. The sports house your child belongs to and house colours can also found at this location.*

Thank you to Mr Roy Nott and Mr Laurence Ryan who assisted with the marking of the field last week. Mr Ryan will also be helping with putting together our discus pit this week with the pouring of the concrete. Thank you to past parent Steve Blakemore, and his workers at Denny's engineering for their very kind donation of our discus ring for the pit. This will make the construction of the pit that much easier.

**Supporting Your Team**— On Friday students are permitted to accessorise their sports uniforms with their house colours. This might include hair ties, a different coloured hat, socks or even a stripe of coloured zinc on their nose. Parents and students are encouraged to keep in mind that what is worn should enable safety and freedom of movement. Coloured hair is not permitted.

**Ella Hagenbach**—Congratulations to Ella Hagenbach on successfully representing the Darling Downs over the last week at the Queensland School Girls Hockey Championships in Cairns. The Darling Downs team tied fourth.



Well done to our sight word and spelling champions ! Keep up the good work!

### **Learning Support News**

By Debbie Groombridge— Learning Support Teacher

#### **Hearing and Vision Screening**

When was the last time you had your child's hearing or vision tested? If it has not been in the last year or two, these holidays may be a good time to ask around and make some appointments. Hearing and vision play a vital role in early development and underpin much of our learning. Children should be regularly checked for vision and hearing problems as even mild problems can have a major impact on their learning and socialization.

Children who do not hear well may miss critical information or instructions and may appear to be misbehaving. He or she may become withdrawn as they are not sure what the expectations are in all situations. Children who have vision problems may be constantly stumbling over or into things and appear to be clumsy, or if they are light-sensitive may not enjoy sport or outdoor play, this greatly impacts their self-concept and their ability to join in and make friends. Also all of our visiting specialists request that hearing and vision are tested before they begin their assessments.

#### **Did you Know?**

Hearing and vision problems are becoming more and more prevalent with the increased use of technology at home and at school. Devices such as smartphones and tablets impact users' blink rate and tear production and can cause symptoms of dry eye disease in children.



Similarly, audiologists are also reporting an increase in noise induced hearing loss in children and young adults caused by listening to loud music through earphones, stereos or attending loud concerts. Country children who go shooting with their parents are also at risk due to loud gunshots close to their ears or being on or near motor bikes.

#### **What to look for:**

It's often difficult to tell whether your child has hearing or sight problems, which is why regular hearing and vision tests are so important. However, there are a number of things that you can look out for: Inattentiveness; talking too loudly; mispronouncing words; being unsettled at school; straining eyes or tilting head to see better; frequent eye rubbing; losing place while reading or using a finger to guide their eyes; sensitivity to light and/or excessive tearing; falling behind in school; complaining of headaches or tired eyes. Please see either your child's teacher, Mr Maher or myself if you have any questions or concerns about your child's hearing or vision, but remember early detection is the key so regular checkups are crucial even without these concerns.



## Parish News

### LITURGY TIMES

1<sup>ST</sup> SUNDAY OF MONTH –

MASS 9AM

2<sup>ND</sup>, 3<sup>RD</sup> SUNDAY OF MONTH

– MASS 5pm

From Sunday 13th May for

Winter

4<sup>TH</sup>, 5<sup>TH</sup> SUNDAY OF MONTH

– LITURGY OF THE WORD –  
9 AM

*Our heart felt prayers, condolences and sympathies go to the family of the late Mr Ted Cowley. Mr Cowley has had much to do with our school over the years. He will be sorely missed.*

### Fete

This year's Fete will be held on Friday 19 October.

The 2018 executive is

Roy Nott, President;

Paul Morris and Paul Bradfield, Vice-Presidents;

Lisa Hansford, Secretary and Kerry Haigh, Treasurer.

We welcome Lisa to the committee and thank her for being a School P & F representative.

The next meeting will be held on Monday 16 July at 7pm. New faces and ideas are welcome.

### SCHOOL BELL TIMES

8.40am Start of School

10.50am Break start

11.30am Break finish

1.30pm Snack start

1.50pm Snack finish

2.50pm Pack up

2.55pm End of School

### UNIFORM DAYS

Monday — Formal

Tuesday — Formal

Wednesday – Sports

Thursday – Formal

Friday – Sports



St Patrick's School  
Parents & Friends Association

"... as many hands build a house, so many hearts make a school"



**Next P & F Meeting Wednesday 20 June**

**7pm in the Library. All welcome.**

**Wrap up discussion around Trivia Night  
and use of funds raised.**



### Athletics Day Friday 22nd June

The Coffee Van will be available and the P&F are providing a 'Sausage Sizzle' lunch for our competitors.

Parents are asked to bring a plate of baked items to be placed alongside the coffee van.

**Thank you!**

# QLD

**Don't forget your Footy Doubles**

**Tickets \$2.00 each.**

**Game 2—This Sunday**

# NSW

Tickets available from Allora Butchery, Allora Post Office,  
Allora Pharmacy and the School Office.

**School Improvement Survey** -This year our school will be participating in a School Review and Improvement Survey managed by Research Australia Development and Innovation Institute (RADII). As well as school staff and students from Years 5 - 6, all parents are strongly encouraged to participate in the survey. The survey provides valuable feedback for the future directions of our school. It would be appreciated if parents could update their contact details prior to the 24 June 2018. This will ensure delivery to the correct parent email addresses are available.

On Monday, 23 July 2018, RADII will send all parents a personalized invitation to complete the survey online. The survey will take approximately 10minutes to complete. You can complete the survey from anywhere you have access to the internet. The survey will close on Sunday, 12 August 2018 for parents.

We encourage you to be very honest in your responses to the surveys. All responses go directly to RADII so they are confidential and anonymous. When the surveys are completed, the overall responses will be shared with you.



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What's Happening?

*Providing quality education since 1916*

**BUSHkids**  
Royal Queensland Bush Children's Health Scheme

**Family Bush Dance**

Featuring  
**Band-O-Coots  
Bush Band**

**Saturday 23 June 2018**  
**5.00pm-9.00pm**  
**at Redbacks Clubhouse**

**Tickets**  
**Family - \$20** (2 adults & 2 children)  
**Single - \$5** (any age)

Tickets available at Hynes News agency (Palmorin St)  
& BUSHkids Centre (191 Wood St)

Food & Bar available

**BUSHkids**  
Royal Queensland Bush Children's Health Scheme

Major Sponsor  
**WARWICK CREDIT UNION**  
competitive community banking

**Golf Day & Dinner**

**Sunday 26 August 2018**  
Join us for BUSHkids Golf Day & Dinner

**4 ball Ambrose**  
with a **SHOTGUN START** at 11.30am **SHARP!**  
Members - \$15 Non Members - \$30  
To register your team of 4, or as an individual,  
phone Warwick Golf Club Pro Shop on 4661 3664

**PLEASE SEE OUR SCHOOL WEBSITE FOR OUR  
2018 ANNUAL CALENDAR OF EVENTS**

**DATE CLAIMERS- 2018**

- 19 June Day 1 School Athletics—1pm:  
9-12 yrs - 200m & 800m events
- 20 June School Athletics continued— 1pm:  
8-12yrs—High Jump Finals
- 22 June Day 2 School Athletics - all ages
- 28 June Semester Reports Sent Home
- 29 June Term 2 Ends
  
- 16 July Term 3 Starts
- 23 July CD Athletics—Day 1
- 27 July CD Athletics—Day 2
- 29 July Catholic Education Week
- 30 July School Improvement Surveys  
emailed to parents.
  
- 3 Aug Bishop's Professional Development  
Day (School Closed)
- 6 Aug 2019 Prep Interviews Begin
- 10 Aug SD Athletics
- 21 Sept Term 3 Ends
  
- 8 Oct Term 4 Starts
- 19 Oct St Patrick's Parish and School Fete
- 22 Oct Staff PD day—Student Free Day
- 7 Dec Term 4 and School Year Ends

**SALE - Allora OP Shop**

Fill a bag for only \$5

(Baby, Toddler & Young children's clothing only)

Starting Tuesday 19th June

Cnr of Forde and Warwick Streets Allora

Open 9-4 Tuesdays and Fridays.